

Dinner Menu January 2018

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Turkey Manhattan Jello-dipped apples Fresh Veggie w/ranch Milk	Chicken Tender Wrap Fresh Fruit Fresh Veggie w/ranch Milk	Soft Taco Mandarin Oranges Fresh Veggie w/ranch Milk	Quesadilla Pizza Fresh Fruit Fresh Veggie w/ranch Milk	Chicken Sandwich Pineapple Tidbits Fresh Veggie w/ranch Milk
Ruiz Chicken Taco Jello apples Fresh Veggie w/ranch Milk	Hamburger Fresh Fruit Fresh Veggie w/ranch Milk	Sub Sandwich Mandarin Oranges Fresh Veggie w/ranch Milk	Chicken Quesadilla w/ salsa dip Fresh Fruit Fresh Veggie w/ranch Milk	Popcorn Chicken & biscuit Pineapple Tidbits Fresh Veggie w/ranch Milk

Menu w/ serving sizes:

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>Mac-n-Cheese (2M/2G) Jello apples (1/2 c) Fresh Veggie(1/2 c) Milk (8oz)</p>	<p>Hamburger (2M/2G) Fresh Fruit (1/2 c) Fresh Veggie(1/2 c) Milk (8oz)</p>	<p>Turkey & Cheese Sandwich (2M/2G) Mandarin Oranges (1/2 c) Fresh Veggie(1/2 c) Milk (8oz)</p>	<p>Pizza (2M/2G) Fresh Fruit (1/2 c) Fresh Veggie(1/2 c) Milk (8oz)</p>	<p>Chicken Sandwich (2M/2G) Pineapple Tidbits (1/2 c) Fresh Veggie(1/2 c) Milk (8oz)</p>
<p>Ruiz Chicken Taco (2M/2G) Jello apples (1/2 c) Fresh Veggie(1/2 c) Milk (8oz)</p>	<p>Rotini w/ meat sauce (2M/2G) Fresh Fruit (1/2 c) Fresh Veggie(1/2 c) Milk (8oz)</p>	<p>Ham & Cheese Calzone (2M/2G) Mandarin Oranges (1/2 c) Fresh Veggie(1/2 c) Milk (8oz)</p>	<p>Chicken Quesadilla (2M/2G) w/ salsa dip Fresh Fruit (1/2 c) Fresh Veggie (1/2 c) Milk (8oz)</p>	<p>Popcorn Chicken & biscuit (2M/2G) Pineapple Tidbits (1/2 c) Fresh Veggie(1/2 c) Milk (8oz)</p>